



THE HOYT & BRYAN, LLC

# FAMILY FOCUS™

January 2007

## STORIES—THE FAMILY LEGACY

## GLAD YOU ASKED

PARTNERS IN PLANNING



FRIENDS FOR LIFE

THE LAW OFFICES OF  
HOYT & BRYAN, LLC



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If you're like many in today's busy world, you and your family may infrequently take the time to tell each other stories from the past. It can seem intimidating, especially at first. We often think we don't have any stories to tell, and that our lives are not all that interesting. We wonder who would even care to listen to the little things that have happened to us over the many years of our lives. But the truth is, when we stop to really reflect on seemingly everyday events of our lives, we find a rich treasure that must be shared and preserved. If we take the time to stop, look, and listen, the rich texture of the commonplace experiences from the past can take on a whole new life. It's a rich experience in discovering what was always there, hidden from view.

Here are some suggestions for how to make story-sharing a lasting and rewarding tradition in your family. **Make the time.** Busy-ness is the enemy of creating long-lasting treasures. The secret is to set aside a special time expressly to share stories. Then make it a regular date to gather everyone together. Time is precious, so treat every moment you have together as a gift and an opportunity to learn and grow. **Choose a place.** Find a place that is easy and comfortable for you, where everyone in the family can relax. **Set the mood.** Start by turning off all interrupters. The richness of family stories and increased connectedness will more than compensate for anything missed on TV. The mood is often enhanced by comfortable rituals such as lighting a fire or candles, playing a favorite piece of music, singing or other things. **Listen.** There is a real art to listening. When a family member is speaking, encourage everyone to give their undivided attention. It's also important to listen with your heart as well as your ears. **Capture the stories.** Stores are too precious to simply allow them to slip away. It's important to keep stories for posterity so that future generations can know and understand their ancestors. The richest legacy we can leave is a record of the wisdom, the values, the life-lessons we have accumulated over the decades of our lives. We must share the wealth of a lifetime, and then we must pass it on. **Savor the richness of the moment.** We may have no idea how long those we love have waited to tell the stories of their life, simply because no one thought to ask, and they didn't know how to begin. The moment we do ask, and their story comes to life, a remarkable transformation takes place: The storyteller also comes to life in a way that we cannot experience as long as our stories remain untold and unheard. In the sharing of our tales of joy and sorrow, laughter and sadness, triumph and defeat, renewal and decline, we become more fully alive, more real, more human, more lovable and more loving.

Source: Article by Scott Farnsworth

### Question:

I want to leave a lasting legacy for my family. What can I do?

### Answer:

We have lots of suggestions as part of our new Family Focus Program. One idea is a *Priceless Conversation*. A member of our team will interview you or your family member on a topic of your choice. The first conversation could be *The Meaning of Money*, the second *Passing On Your Wisdom* or the third *Passing on Your Stories*. Each series of questions is a simple, straightforward process designed to evoke and capture the wisdom, values, and life-lessons of those closest to us. The questions will be provided prior to the conversation to ensure a enjoyable and memorable experience.

For the cost of \$375 you will receive your entire conversation digitally recorded on your own CD that is presented in a leather case and decorative box. *Priceless Conversations* can help you capture your families values, wisdom and stories to pass on for generations to come.

Please call Kendra at 407-977-8080 with any questions or to make an appointment.

## UPCOMING EDUCATIONAL WORKSHOPS

### January Workshops

#### Truth About Medicaid Planning

Wednesday, January 3, 2007 at 9:30 a.m.

#### Truth About Estate Planning

Tuesday, January 23, 2007 at 9:30 p.m.  
Thursday, January 31, 2007 at 6:00 p.m.

#### Lunch & Learn - Legacy Planning

Tuesday, January 2, 2007 at 12:00 p.m.

#### Women In Transition

Thursday, January 18, 2007 at 6:00 p.m.

#### Planning For Your Pets

Wednesday, January 17, 2007 at 6:00 p.m.

### February Workshops

#### Truth About Medicaid Planning

Wednesday, February 7, 2007 at 9:30 a.m.

#### Truth About Estate Planning

Thursday, February 15, 2007 at 6:00 p.m.  
Tuesday, February 27, 2007 at 9:30 a.m.

#### A Matter of Trust

Tuesday, February 13, 2007 at 6:00p.m.

#### Special People, Special Planning

Thursday, February 22, 2007 at 6:00 p.m.

All public workshops are complimentary and are held in our Learning Center please call 407-977-8080 to RSVP or visit [www.HoytBryan.com](http://www.HoytBryan.com).

alzheimer's association®

Presents:  
5th Annual Theatre Party



Thursday, January 4th, 2007  
at 8:00 p.m.

Bob Carr Performing Arts Center

- Front Orchestra Seating
- Pre-Show Cocktail Hour
- \$125.00 Per Ticket

Please reserve your ticket by calling: 407-228-4299



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### **Black Bean and Corn Wonton Cups**

*A perfect midnight snack to bring in the new year!*

- 36 wonton skins
- 2/3 cup Old El Paso® Thick 'n Chunky salsa
- ¼ cup chopped fresh cilantro
- ½ teaspoon ground cumin
- ½ teaspoon chili powder
- 1 can (15.25 ounces) Green Giant® whole kernel corn, drained
- 1 can (15 oz) Progresso® black beans, drained, rinsed
- ¼ cup sour cream
- Cilantro sprigs, if desired

1. Heat oven to 350°F. Gently fit 1 wonton skin into each of 36 small muffin cups, pressing against bottom and side. Bake 8 to 10 minutes or until light golden brown. Remove from pan; cool on wire rack.

2. Mix remaining ingredients except sour cream and cilantro sprigs. Just before serving, spoon bean mixture into wonton cups. Top each with 1/2 teaspoon sour cream. Garnish each with cilantro sprig.



## January 2007

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Happy New Year!	2 Advisor Lunch & Learn @ 12:00 p.m.	3 Truth About Medicaid Planning @ 9:30a.m.	4	5	6
7	8	9	10	11	12	13
14	15	16	17 Planning For Your Pets @ 6:00 p.m.	18 Women In Transition @ 6:00 p.m.	19	20
21	22	23 Truth About Estate Planning @ 9:30 a.m.	24	25	26	27
28	29	30	31 Truth About Estate Planning @ 6:00 p.m.			